

PLANT THE SEEDS TO  
A HEALTHY FAMILY

VACCINATE YOURSELF &  
EVERYONE AROUND YOU



Talk to your doctor about vaccines you need to stay healthy:

- Yearly Flu
- Tetanus
- Pertussis (Whooping Cough)
- Shingles
- Pneumonia

Vaccines can provide a lifetime of protection. Help your family to grow healthy. Remind them to get the vaccines they need at every stage.

**WhyImmunize.org**

