

# OFF TO COLLEGE?



It is strongly recommended that all incoming students to Arizona universities receive all indicated doses of all vaccines recommended by the Centers for Disease Control and Prevention (CDC).

Most of these vaccines should have been received as part of the recommended childhood vaccinations. If you are unsure, contact your health care provider.

All Arizona universities\* require proof of immunity to:

**Measles, Mumps, and Rubella**  
(either by receiving two doses of MMR vaccine or showing immunity by a blood test) before students can register for classes, or add or drop classes.

What are the *recommended* vaccines?

**Meningitis A, C, W, Y**  
At least 1 dose at 16 years or older

**Meningitis B**  
Two or three doses (by manufacturer)

**HPV (human papillomavirus)**  
Two or three doses (by age of receipt)

**Tdap (Tetanus, Diphtheria, & Pertussis)**  
One dose

**Varicella or MMR-V (chicken pox)**  
Two doses

**IPV (Polio)**  
At least 3 doses

**Hepatitis B**  
Three doses

**Hepatitis A**  
Two doses

**Influenza (flu)**  
One dose every fall

The vaccine for meningitis A, C, W, Y does not include meningitis B, which is newly approved. All students are highly encouraged to be vaccinated with both types of meningitis vaccine.

What you should know about meningitis:

- Meningococcal disease is a serious illness caused by a bacteria that can infect the bloodstream or areas around the brain and spinal cord.
- The infection causes rapid onset of illness and can be life-threatening within hours.
- Meningitis can lead to brain damage, disability, amputations, and rapid death.
- Common symptoms include stiff neck, headache, fever, rash and flu-like symptoms that progress very rapidly.
- Vaccines can help prevent meningitis.

**Students living in dormitories or residence halls are at higher risk of contracting meningitis.**

\*This information applies to Arizona state universities: ASU, UofA, and NAU. Private universities in Arizona and out-of-state universities may have different requirements. Please consult each institution for specific information.

2-17