GET THE FACTS

• 1 in 7 teens and young adults who get bacterial meningitis will die
• Symptoms can include: fever, vomiting, rash, sensitivity to light, stiff neck, exhaustion
• 2 out of 10 that survive will have brain damage, amputations, organ failure, hearing loss
• Close contact with others can increase your risk of meningitis: coughing, kissing & sneezing
• Get your Meningitis ACWY vaccine b/w 11-12...then get boosted with the 2nd dose @ 16
• Talk to your health care worker about whether to get the Meningitis B vaccine at 16-18
• Being vaccinated is the best way to prevent meningitis

GET INVOLVED

Scan the QR code as one of the ways to get involved.

T2X.ME/TakeControl
TEXT TakeControl TO 602-456-2951
**T2X is a website just for teens**

Got personal questions you can’t ask your parents?

Want to know more about your health?

Want to meet other teens like you?

Looking to show off your creative work?

**T2X lets you talk about the things that YOU care about!**

View videos and pictures, read blogs and share what’s on your mind.

Chat with friendly health experts.

Get correct health information.

Get answers to questions you might be too embarrassed to ask.

Learn how to use your health insurance and start to take charge of your own health.

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**BOOST YOUR KNOWLEDGE ABOUT MENINGITIS**

**GET STARTED NOW!**

- ON YOUR PHONE TEXT TakeControl TO 602-456-2951*
- ON THE WEB REGISTER AT T2X.ME/TakeControl

*TEXT MESSAGE AUTO-ENROLLMENT PROGRAM CAN BE CANCELED AT ANY TIME. STANDARD CARRIER RATES APPLY.*